

Informazioni ristorante

Orari apertura

Lunedì-Venerdì 12:00 - 14:30 e 19:00 - 22:50

Sabato-
Domenica 12:00 -
14:50
e
19:00 -
22:50

Informazioni menù

Le pietanze e prezzi indicati sono aggiornati al 06/02/2023, potrebbero subire modifiche o variazioni. Per il menu aggiornato, i prezzi attuali e l'elenco degli ingredienti vai alla pagina: <https://milano.mymenu.it/ristoranti/poke-bar-bligny>

Poke Bar's Chef Edition

Poke The Vegetarian Butcher Edition € 13,90

Don't miss out on The Vegetarian Butcher special edition! Choose your favourite poke!

Burger Poke € 13,90

Choose your favourite Burger Poke

Poke Philadelphia Edition € 13,90

Choose your poke with philadelphia

Offers of the Month

Poke of the Month € 15,90

Steamed Rice, Marinated Norwegian Salmon, Raw Yellowfin Tuna, Raw Norwegian Salmon, Feta, Grated Ginger (Zenzero Grattugiato), Edamame, Avocado, Almonds, Sesame Seeds, Soy Sauce

Wrap of the Month € 13,90

Wrap with Raw Yellowfin Tuna, Avocado, Philadelphia, Mixed salad, Cherry Tomato, Soy Sauce

Combo Meals

Poke Bar Combo Meal € 17,90

Choose a Poke, a Drink and a Dessert of your choice. Enjoy!

Coca-Cola Combo Meal

Poke & Coca-Cola, what else?

€ 14,90

Make your Poke Come True

Make your Burger Poke

Choose your favourite ingredients! 1 protein, 4 ingredients and 1 Dressing are included in the price!

€ 11,90

Make your Salmon Poke

Choose your favourite ingredients! 1 protein, 4 ingredients and 1 Dressing are included in the price!

€ 10,90

Make your Tuna Poke

Choose your favourite ingredients! 1 protein, 4 ingredients and 1 Dressing are included in the price!

€ 10,90

Make your Chicken Poke

Choose your favourite ingredients! 1 protein, 4 ingredients and 1 Dressing are included in the price!

€ 10,90

Make your Veggie Poke

Choose your favourite ingredients! 1 protein, 4 ingredients and 1 Dressings are included in the price!

€ 10,90

Poke Bowls

Salmon Poke

Poke - Steamed Rice with Raw Salmon, Philadelphia, Avocado, Edamame, Carrots, Sweet Corn, Golden Sesame Seeds, Poke Bar Sauce

€ 10,90

Tuna Poke

Poke - Steamed Spelt (Farro), Raw Tuna, Wakame with Sesame Seeds, Carrots, Cucumber, Guacamole, Jalapeños, Red Peppers

€ 10,90

Meat Poke

Poke - Mixed Salad and Rocket, Grilled Chicken, Grilled Bacon, Sliced Parmigiano Reggiano, Cherry Tomato, Buffalo Mozzarella, Nuts, Extra Virgin Olive Oil

€ 10,90

Vegetarian Poke

Poke - Steamed Brown Rice, Tofu, Chickpeas, Carrots, Cucumbers, Sweet Corn, Almonds, Hummus, Sliced Orange

€ 10,90

Sides

Caprese Salad

Caprese Salad with Tomatoes, Basil and Mozzarella. Nothing better!

€ 8,50

Kinley® Happy Hour Menu

€ 10,90

Create a perfect Happy Hour with Nachos and Kinley®'s Tonica

Small Side Salad - Insalatina

€ 7,90

Choose a Side Salad to enjoy with your main dish!

Drinks

Fanta 33cl (Glass Bottle)

€ 3,50

Sprite 33cl (Glass Bottle)

€ 3,50

Apricot Juice - Albicocca

€ 2,20

Blueberry Juice - Mirtillo

€ 2,20

Orange Juice - Arancia

€ 2,20

Coca Cola 33cl (Glass Bottle)

€ 3,50

Lilia Still Water 50cl

€ 2,00

Lilia Sparkling Water 50cl

€ 2,00

Coca Cola Zero 33cl (Glass Bottle)

€ 3,50

Beers

Heineken 33cl (Glass Bottle)

€ 5,00

Corona 33cl (Glass Bottle)

€ 4,00

Peroni 33cl (Glass Bottle)

€ 4,00

Ceres 33cl (Glass Bottle)

€ 6,00

Menabrea 33cl (Glass Bottle)

€ 4,00

Desserts

Salted Caramel Cheesecake - Caramello Salato	€ 5,00
Wild Berries Cheesecake - Frutti Rossi	€ 5,00
Chocolate Cheesecake - Cioccolato	€ 5,00
Meringue - Meringa	€ 5,00
Homemade Tiramisù	€ 5,00
Warm Dark Chocolate Pudding - Tortino di Cioccolato	€ 5,00
Apple Pie - Tortino di Mele	€ 5,00
Nutella Wrap	€ 5,00

Fruit

Apple - Mela	€ 2,00
Banana	€ 2,00
Orange - Arancia	€ 2,00
Fruit Salad - Macedonia	€ 5,00